

A SIX PART BIBLE STUDY

Trusting God with the Future

A STUDY OF PSALM 37



*Six lessons on comparison, surrender, justice, provision,
guidance, and refuge, drawn from the words of David.*

Rejecting Comparison

PSALM 37:1 TO 4

"Do not fret because of those who are evil or be envious of those who do wrong."

Comparison has always been one of Satan's greatest tools. Today, social media, careers, wealth, influence, and success constantly tempt us to measure our lives against others. We often see someone's accomplishments without knowing the sacrifices, struggles, or even sinful choices that brought them there.

David reminds us that worldly success is temporary. Like grass that quickly withers, the prosperity of those who reject God does not last. Their achievements may seem impressive today, but eternity tells a different story.

Instead of comparing ourselves, God calls us to trust in Him, continue doing good, and delight ourselves in Him. When we delight in the Lord, our desires begin to align with His will. Our greatest pursuit should never be someone else's success. It should be a deeper relationship with Christ.

REFLECT

Where in my life am I measuring myself against someone else instead of trusting God's unique plan for me?

Committing Every Plan

PSALM 37:5 TO 8

"Commit your way to the Lord; trust in Him and He will act."

Trusting God with the future requires surrender. Many people ask God to bless plans they have already made instead of inviting Him to direct those plans from the beginning.

David gives several instructions: commit your way to God, trust Him completely, wait patiently, do not become angry over the success of wicked people, and refuse to worry, because worry often leads to sinful attitudes.

Waiting is one of the hardest parts of the Christian life. We want immediate answers, instant breakthroughs, and visible results. Yet God's timing is never late. Every plan submitted to God is far safer than any plan controlled solely by our own understanding.

REFLECT

What plan have I been carrying on my own that I need to fully commit into God's hands today?

Trusting God's Justice

PSALM 37:9 TO 15

Sometimes it appears as though evil wins. Dishonest people prosper. Pride is rewarded. Integrity seems ignored. Psalm 37 reminds us that appearances are temporary. David says that those who hope in the Lord will inherit the land, while the wicked will eventually disappear.

God sees every injustice. He knows every hidden motive. Nothing escapes His attention. Even when wicked people plot against the righteous, Scripture says the Lord laughs, not because suffering is amusing, but because He knows evil's time is limited.

"The Lord laughs at the wicked, for He knows their day is coming."

God's justice is perfect. Believers are called to trust Him instead of carrying the burden of revenge themselves. Our responsibility is faithfulness. God's responsibility is justice.

REFLECT

Is there a situation where I am carrying the weight of justice instead of releasing it to God?

Trusting His Provision

PSALM 37:16 TO 29

"The Lord makes firm the steps of the one who delights in Him; though he may stumble, he will not fall, for the Lord upholds him with His hand."

This does not mean believers never fail. It means failure is never final when God is holding you. Life includes setbacks. Mistakes happen. Dreams sometimes change. Yet God's hand remains underneath His children, supporting and strengthening them.

David later reflects on his own life, saying he had never seen the righteous forsaken or their children begging for bread. That statement reveals God's faithful provision throughout generations.

God knows our true needs. Sometimes He says yes. Sometimes He says wait. Sometimes He says no, because His wisdom sees what we cannot. His provision is always perfect, even when it differs from our expectations.

REFLECT

Where have I recently stumbled, and how have I seen God's hand still holding me up?

God Directs Our Steps

PSALM 37:23 TO 29

God's guidance is one of the clearest themes throughout this chapter. He establishes the steps of those who trust Him. He strengthens them when they stumble. He protects them as they walk in obedience.

This passage teaches that spiritual stability comes from dependence upon God, not personal strength. Every believer will experience moments of weakness. Yet God's grace is stronger than our failures. Even when we stumble spiritually, emotionally, or physically, God does not abandon His children. He continues leading them toward His purposes.

"Following Christ does not eliminate hardship. It guarantees His presence in the middle of it."

REFLECT

In what area of weakness do I need to lean on God's strength instead of my own this week?

God Is Our Refuge

PSALM 37:30 TO 40

The final section of Psalm 37 describes the character of those who belong to God. Their mouths speak wisdom. Their words are just. God's law is written on their hearts. Their steps remain secure because they follow Him.

David also reminds us that although wicked people oppose the righteous, the Lord will never leave His people in their hands. God protects. God delivers. God saves.

"The salvation of the righteous comes from the Lord; He is their stronghold in time of trouble."

Our security is not found in wealth, government, careers, or our own abilities. Our refuge is God Himself. When we place our hope in Him, we discover a peace that circumstances cannot take away.

REFLECT

What am I placing my security in right now besides God, and what would it look like to make Him my refuge instead?

A CLOSING PRAYER

Lord, I confess that I often trust my own plans more than I trust You. Teach me to commit my future into Your hands. Free me from comparison and worry, and help me delight in Your presence above every worldly success. I trust Your justice, Your provision, and Your timing. You alone are my refuge and my strength. In Jesus' name, amen.



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